COMMUNITY PLUS+

+Annerley +West End +Yeronga

ANNUGL REPORT 2013-4







OUR VISION, MISSION & Values

Our vision:

Active centres for strong communities

Our mission:

In communities facing change, Community Plus+ facilitates social justice, community empowerment, improved human relationships and quality of life.

Our values:

We act in accordance with the principles of <u>social justice</u> as we work with individuals, communities and institutions to address the imbalance of access, equity, rights and participation in the community. We <u>make a difference</u> in our community, working effectively with the community and our partners to achieve positive and lasting change for those most in need.

We are <u>caring</u>, acting with warmth, kindness, sincerity, respect and dignity in all our interactions.

We are <u>respectful</u> of each other, and base our relationships on honesty, fairness and trust.

We <u>empower</u> the community, working with individuals to help them make the best choices for themselves, and with communities to contribute to the well-being of the whole community, strengthening community spirit and resilience.

We are <u>proactive</u> in advocating for social and legal frameworks to protect vulnerable members of the community.

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CHAIRPERSON'S REPORT

I began last year's report with the words 'within a rapidly changing environment'. In writing that phrase I certainly didn't anticipate that we would face even greater change in 2014. What a year! It is good to stand back and think about what we have achieved despite the challenges.

The staff have been outstanding during these last few years of constant change and instead of thanking them last I want to put them upfront in this report. Fiona and Melinda in Yeronga, Em in Annerley and Joe, Lyn, Samira, Sue and, lately, Julia in West End. Thank you all. Community Plus+ has is a vibrant and thriving organisation because of you, your commitment and your incredible energy.



As everyone knows, there has been a significant contraction in our funding base, particularly the cessation of the Tenants Advice and Advocacy

Service (TAAS), which finally wound up at the end of 2013, and a 10% efficiency dividend from our Neighbourhood Centres funding in 2012 which will make budgeting difficult for years to come.

As a result we have lost some long-term friends — Peter and Lisa from TAAS, and Joe and Lyn from West End Community House. They are sorely missed and I thank them for all the years they devoted to making our community a better place for so many people. We are also sorry to see Samira move on after three years at West End but we know she will give another community the same dedication and support that she has given West End.

Because of the financial challenges, fundraising has been a major focus of the organisation this year. Raising funds depends on raising friends, so our activities are as much about community development as they are about funds. Some of the highlights of the year have been Yeronga's efforts behind the BBQ at Pushies Galore (Holland Park Bowl's Club), Jacobs' (formerly SKM) bike rides to Mt Coot-tha and the gold Coast, and the highly successful (but wet) inaugural Annerley Uncovered.



Our many activities and programs continue successfully: for example, the Thursday morning breakfasts at West End are now capably managed by volunteers; Yeronga's Gardening Club is valued not only by the community members who participate but also the seniors whose gardening needs are being met; and Annerley's History Group and also the Trader's Association, both established with the help of Annerley Community Plus and growing rapidly. The achievements of our staff and volunteers make for inspirational reading later in this report.

One event I want to single out for special mention is Yeronga Community Centre's move from 4 to 24 Killarney St, in the Anglican Church Hall. While everyone was sad to leave our lovely shop behind, we are extremely grateful to the Anglican Parish of Yeronga for giving us a new home. And many thanks to the staff, volunteers & Committee member, Mike, for all the hard work that went into the fit-out and the move itself. If you haven't visited the garden at the Centre, you must drop in; it's a beautiful shady retreat created by staff and volunteers from what was a tangle of weeds on an inaccessible slope.

Our key corporate partners have continued to support us despite facing an increasingly difficult financial environment. We were delighted when our major partner and supporter, Jacobs, won the Queensland Community Foundation's major Corporate Philanthropist of the Year Award. Jacobs have provided us with financial, volunteer and professional support since 2010. Although fundraising is in the mix, the level of hands-on involvement of different professionals from all sections of the company is what makes our partnership great.

There have been many other donations and in-kind support from local businesses and individuals; too many to name but each donation is valued and contributes to achieving our vision: Active Centres for Strong Communities. And the incredible efforts of our volunteers! Without them this report would be sadly diminished. Thank you to every one of you.

The next major challenge for Community Plus+ will be the renewal of our service agreement with the Department of Communities, which expires in July 2015. Early in the year we received funding from the Queensland Community Foundation to identify opportunities for small community organisations on Brisbane's southside to work together. This project is progressing with enthusiasm and will help us meet the challenges of the Government's new Recommissioning Framework.

Finally, I would like to thank our hard-working Management Committee: Helen, Tim, Mike, Carmel, Bob, Mary, Carolyn, Rod and Marilyn - and Annie, for a brief but highly valued few months. When you sign onto the Committee you don't just come for a couple of hours every month - you make an enormous commitment of time and personal energy. I have been very lucky to have such a skilled and dedicated committee. This year we are very sad to saying goodbye to Mary and Tim who have been with the Committee for many years and who have contributed so much. Thank you for everything you have done for the House over the years and more recently for Community Plus+; and for staying involved through the West End Support Committees. This is my last report as Chair as I also will be resigning at the Annual General Meeting. I wish Community Plus+ all the best for the future and look forward to hearing about all the wonderful things you will do in the coming years.



OUR People

Management Committee Members

- Bob Spiers Secretary
- Carmel Towler Treasurer
- Carolyn Peterken
- Helen Wallace
- Kay Pearse Chairperson
- Marilyn Trad West End representative
- Mary Maher West End representative
- Mike Watkins -Yeronga representative
- Rod Goodbun Annerley representative
- Tim Quinn West End

Current staff

(current as of November 2014)

- Em James Annerley Community Plus+
- Christel Palmer West End Community House
- Fiona McLeod Yeronga Community Centre
- Julia Wood West End Community House
- Melinda McInturff Yeronga Community Centre
- Samira Taras West End Community House



With great thanks to our past workers in 2013-2014:

- Calvin Garrett West End Community House
- Joe Hurley West End Community House
- Lyn Canning West End Community House
- Samira Taras West End Community House
- Simon Dilly West End Community House
- Sue Sweeney West End Community House



ANNERLEY COMMUNITY PLUS+

The second year of work in Annerley has been an exciting one, with the partnerships built in our first year on the ground blossoming into some great projects in 2014. Our neighbourhoods are full of creative, passionate and dedicated people and organisations with whom it has been a privilege to work. Some of our projects are outlined below.

Annerley Uncovered

This community festival, organized by Community Plus+ with the support of over 15 other local groups and organisations, has been the highlight of our work in Annerley so far. It was a tangible representation of the community networks, good will and momentum that we have built over the past two years.



Thanks to the generosity of attendees, volunteers and local businesses and organisations, we covered our running costs and raised almost one thousand dollars besides - the power of a true community event!

350+ people showed up in the rain to enjoy themselves, and the community spirit was incredible. Strangers played boardgames on community tables, Braille House volunteers typed braille bookmarks for visitors and local bands jammed with the public. Neighbours swapped books and clothing, the history group shared stories of the district, kids of all ages loved the art jamming room - and the 'by donation' coffee and cake stall was a raging success thanks to the culinary genius of our many volunteer bakers!



Annerley Town Hall Meetings

In April 2014, Community Plus+ hosted a meeting of local community leaders. Over 23 attendees enjoyed a robust discussion, with lots of introductions, information sharing and the decision to continue building community through regular "Annerley Town Hall meetings".

This fortnightly group has a consistent base of 6-25 participants, with visits from local councillors and

other special guests. In a survey designed by the members, we discovered that:

- The top 3 activities people want in their community are: community markets, exercise classes and community gardens
- 95% of respondents support the reopening of Annerley Community Centre
- People are most concerned about the need for sustainability, support for refugees, and more community space
- A key priority is a 'green wall' to address traffic along Ipswich Rd.

Members of this highly active group are working on these identified issues and more, in addition to providing practical support to CP+ activities such as Annerley Uncovered and market stalls.



Annerley Stephens History Group

The history group celebrated it's first birthday in July 2014. The group now has an elected committee and an active group of 15+ people, with a broader support base and exciting plans afoot.

Early in 2014 over 60 people attended "An Evening with Hugh Lunn", which the group co-hosted with Annerley Library. Lunn, a local author who grew up in Annerley, shared his entertaining recollections. In December 2013 we held a Black Friday themed end-of-year celebration and fundraiser at Annerley Community Bookshop. In all, the group has fundraised over \$600 to support their activities. Some exciting future projects are in the pipelines, most notably The Frank Corley Photo Project to match 1970s house photos to modern day streets!



Community Events

• Trivial Trivia afternoon

Over 70 people attended this fun event in support of Annerley Community Bookshop. In true southside style, it was a quirky event well supported by local businesses, groups and even our resident koala - Anna Lee, the neighbourhood's mascot (pictured), who has her own Twitter and Facebook Page.



• <u>Icecream Sunday</u>

To celebrate the end of our first year of our work in Annerley we held a make-your-own sundae event in December 2013. Over 35 diverse locals dropped by to cool down with an ice cream buffet under the shady trees.



Annerley Junction community markets



Together with the Annerley Trader's Assocation, Annerley Community Plus+ held three community markets along Annerley Junction in 2013-14. These were the Christmas Fair (December), Junction Jumble Sale (July) and Spring Fair (October).

These markets strengthen our local economy of small, diverse business - with traders consistently reporting that markets are by far their highest sales days. Markets also provide an opportunity for informal interactions along Ipswich Rd, with children's craft activities, coffee and cake, live music and even Santa sightings! Annerley Community Plus has a "pop-up" community centre on the day, with community information, friendly faces and delicious baking.

Resourcing the local community

A key aspect of our community development role in Annerley is supporting and connecting existing groups, organisations and institutions. It also includes encouraging people who are interested in starting a group. This can be in the form of; cowriting and auspicing a grant; helping to host the first meeting (such as that the Junction Yarn Jammers, a now-fortnightly knitting group); linking people and groups who are working on similar issues; and so forth.



The "Annerley Connection", a community newsletter that we publish quarterly, is another aspect of community resourcing. Given the lack of physical community space in Annerley, the Connection is a way for people to find out ways to get involved in their community, and foster a local identity. It contains information about local groups, events, community notices and articles about local people and organisations.



We look forward to new possibilities and projects with local residents, organisations, schools and businesses in 2014-15.

West end community House

West End Community House has undergone significant changes in 2013-14, with the loss of our Tenant Advice and Advocacy funding and a subsequent restructure that saw long-term West End favourites Joe Hurley and Lyn Canning move onto other valued roles in the community sector. Nonetheless the good work of our thirty-year-old service has continued. Highlights include:

Individual services

• <u>Drop in services</u>

West End Community House offers safe, friendly, supportive, welcoming drop in services accessible for everyone in the community. Local community members drop in Monday to Friday for tea and coffee, to access the public phone, computers, Internet and photocopier. In addition they have access to the Footpath library, information, referral and support from our friendly staff, students and volunteers. Most of the people accessing the drop in services are experiencing homelessness, living in housing, experiencing difficulties marginalised related to mental health, addictions, clients with intellectual disabilities, clients experiencing social exclusion, chronic poverty, clients from CALD backgrounds, Aboriginal and Torres Strait Islander People, victims of crime, women, seniors, and disadvantaged families . This year 3512 people have accessed the Drop in services. We have received great feedback from the community around the support we provide to community members and we will endeavour to continue providing a welcoming and inclusive space to all of the Kurilpa Peninsular community.

• Information, referral and advice

West End Community House has assisted 2896 community members with Information, referral and advice in person and by phone. The main inquiries have been about affordable housing, employment, health, legal and emergency assistance and support. In addition, we have maintained active engagement with community through our social media and Kurilpa Post. As a part of our support services local residents have access to outreach homelessness health services, homeless people's legal clinic and Centrelink outreach team and support.



• Community living support

Intensive and ongoing support has been offered to 82 clients who required support and experienced multiple barriers to access specialised services. Those community members are mostly older people with no family or social support including people from diverse backgrounds and people in transition. On average each client will be assisted 15 -20 times per year.

• Individual Counselling services

Arietta Carson from Mind Care Psychology has made a great contribution to our services by providing confidential counselling and psychological care to Individuals, couples and families who otherwise would not have access to that service. 270 people have received counselling this year. All counselling services are bulk billed and appointments are available on Wednesdays and Thursdays between 9 am and 3 pm.

Community Development Programs

• West End Community Playgroup

West End Community Playgroup plays an important role in helping build strong communities, and encouraging people to come together in a community setting where formal and informal networks are developed and strengthened, and where local residents can discuss ways of improving their environment. Playgroup is offered to local families with children up to 5 years of age to encourage development of a range of skills which are important preparation for kindergarten and school. At playgroup;

- babies are offered play experiences to stimulate their senses;
- toddlers practise their developing physical, intellectual and language skills; and
- preschool children practise social skills.

Furthermore, Playgroup promotes social and cultural inclusion, diversity, facilitates development of friendships and support networks through provision of a welcoming space and range of fun and educational activities that support children's development. This year we have hosted 50 playgroups attended by 442 parents and carers and 514 children. This program has benefited from 145 hours of volunteering provided by volunteers and students.

• West End Community Art Group

West End Community Art Group is a free community art class offered to people experiencing difficulties related to mental health, disability, homelessness and marginalised accommodation in the Kurilpa Peninsula. Classes are offered every Friday morning from 9.30 - 11.30am for 20-30 participants.

During the past year we have held 46 Community Art classes which have been attended by 1014 participants, 162 support workers from partnering services, 206 volunteers and 4 students and staff. This program has been supported with over 600 hours of volunteering by regular and casual volunteers. We would like to give our special thanks to our dedicated art teacher volunteers Debaran Wright and Sam Eyles who have provided an exceptional service to the community and enabled this program to continue. In addition, we would like to thank our new volunteers Harriet Posner, I—Man Yin, Maureen Young and Ann Parker.

Every week art group participants are provided with a lovely morning tea prepared by our volunteers Norma, Jayvia and Lydia. During the past year West End Community Art Group has received support from Street Smart Australia, Micah Projects, South Brisbane Rotary Club, Reclink, Absoe as well as generous donations from the Hill End Puppy Club, Centacare and Micah.



"Unravelled 6" was the sixth major annual exhibition by the Art Group and promoted some of the achievements, strengths and resilience of people living with complex needs in marginalised housing. The exhibition was held at the Croquet Club from 23-26 August 2013 and opening night was attended by 120 people. A further 45 people attended across the duration of the exhibition. Generous catering for this event was provided by Brisbane Convention and Exhibition centre — our sincere thanks to them. In addition, the group has participated in the Art From the Margins Art Exhibition and Mental Illness Fellowship Queensland.

• Women's Support and Craft Group

The Women's Support and Craft Group is offered to women who wish to socialise, improve their wellbeing, share support and try some craft Originally this group has offered activities. education and support to women experiencing difficulties related to Bipolar and Depression and in the second half of the year the group has evolved into a social craft gathering. In this year we have offered 44 support group meetings which have been attended by 182 participants and supported by 54 volunteers and 23 students. In addition to regular support participants have been offered sessions on financial literacy, breast cancer and women's health and a six week clinical psychoeducation program on Bipolar disorder in partnership with our consulting psychologist Arrieta Carson. The group has worked on several shared and independent craft projects.



• Computer Literacy Classes

The Computer Literacy Classes were started in response to the identified community need for improved access to computer equipment and infrastructure. The Department of Immigration and Multicultural Affairs granted us funds to purchase office equipment to enhance our existing services and support community members to participate in activities such as job searching, Centrelink enquiries, looking for accommodation, computer literacy and developing new skills and interests. We have provided 13 computer literacy classes which have been attended by 38 community members and supported by our very skilled and caring volunteer Syd Watson.

• Boarders Breakfast



Boarders Breakfast is one of our long standing community programs which offers support to local community members experiencing financial and other difficulties. Since the cessation of Tenancy and Advocacy Services this community service has been embraced by the Community Development Program and has gained significant support from the community through volunteering and resources. In this year WECH's community meals have been enjoyed by 390 community members and supported by 91 volunteers.

Community Education

Community Cooking Classes

In partnership with the Brisbane Convention and Exhibition Centre, West End Community House delivered two weekly cooking programs in July and August 2013. The program was attended by 16 people who learned about nutrition, budgeting and healthy cooking. The participants received a presentation, information pack and cooking demonstration by Chef Martin, Chef Mathew, Ruta Berzkalns and their team. In addition they shared stories about their favourite foods over a beautiful meal.

• Benjamin Andrew Foothpath Library

West End Community House holds a community bookshelf to encourage reading and literacy by those accessing the house. The library is regularly replenished by The Footpath Library who generously supply us with donated books which are then given to community members who don't have access to good quality reading material. Many of our community members who love spending time reading are very happy to have access to quality literature.

• Student Placements



This year we have offered two full-time student placements to community services and social welfare students. In total students have contributed 320 hours of volunteering to our community

development services and contributed significantly to our services. In exchange West End Community House has welcomed an opportunity to be part of students' learning experience and to actively contribute to their practice and skills development.

• Volunteering Program

Community Plus+ and West End Community House have developed a strategy and operational plan to fully develop and implement a Volunteering Program. Volunteers are the back bone of our service and we are committed to providing our volunteers with the best possible support, opportunities for training and fulfilling roles that our volunteers will enjoy and look forward to. The West End Community House currently benefits from 50 to 60 hours of volunteering every week and we are striving to develop new opportunities for volunteers to engage with local community. We would like to acknowledge the support and contribution that our volunteers make to our services and local community.

Projects

• Listening year

The Listening Year Project was finalised in November 2013. The report identified the main community expectations of the House to provide social and recreational activities, responsive services, provision of specific services and community engagement. The key priorities for the Kurilpa community were drawn from 274 comments about priority issues in the local community and suggestions on how to address them. All comments and suggestions have been categorised into 3 main priorities:

- 1. Community Services housing, health and food assistance
- 2. Community Space facilities, venues, public space and safety
- 3. Community Events and Activities Social and Cultural

• Inner South Interagency Network

The West End Community House has been a member of the ISIN reference group. The Reference Group works on planning professional development sessions, the development of the Networks' presence in the sector and strengthening collaborative relationships between services. As a result of active interagency engagement ISIN has developed closer relationships with the Inner Urban Youth Network and Southside Mental Health Collaborative.

Community Events

• Open House

Together with Yeronga Community Centre and Annerley Community Plus+, WECH hosted an "Open House" on 9th August 2013 at West End Community House. Community members were invited to hear about our programs and services, meet our Committee, staff members and volunteers, and have a look at our beautiful heritage building. This event provided a great opportunity to engage with local residents, services and traders, corporate supporters and Friends of the House. At the Open House, we marked the 30th Birthday of West End Community House, launched our new identity of Community Plus+, and Financial Friends Program. More than 80 people attended this great night out.

• Celebrating diversity during Mental Health Week

West End community House worked alongside other members of the Inner South Interagency Network (ISIN) to organise a collaborative event to recognise World Mental Health Day. The event was kindly funded by Local Councillor Helen Abrahams, via the Brisbane City Council's Suburban Initiative Fund. More than 100 local community members joined the event for a sausage sizzle, yoga practice, juggling lessons, hula hooping, art therapy, craft activities, a yarning circle and to listen to beautiful performance of the Choir and drumming group from Richmond Fellowship Queensland. More than 12 community agencies contributed to the event, our thanks to each of them.

• International Women's Day



West End Community House celebrated International Women's Day with Mu'ooz Restaurant & Catering Social Enterprise and over 60 women from the local community. We celebrated achievements of women in the business world, enjoyed talks by local Councillor Helen Abrahams and entertainment by "The Embers "Women's Choir. Mu'ooz Restaurant provided beautiful catering and a traditional Eritrean coffee ceremony.

• Bike ride fundraiser with Sinclair Knight Merz

This year we organised two bike rides with our corporate partners Jacobs SKM to raise valuable funds to support our services. The first bike ride from Brisbane to the Gold Coast took place on the 20th October 2013. Over 20 bike riders participated in the 100km bike ride and raised nearly \$10,000 dollars. The second fundraiser was a Mt- Coo-tha Bike ride and riders raised nearly \$5000. In addition the events strengthened community engagement between local corporate business and local community and encouraged community members to participate in healthy activities.



YERONGA COMMUNITY CENTRE+

Yeronga Community Centre embedded itself into the local community and awareness of the centre increased this year. Through a variety of activities, workshops and events the volume of people accessing the centre and being informed about the centre has increased. Pleasingly, statistics also show that the community members accessing the centre include:-

- 2011 Floodies
- Residents of social housing
- Seniors
- Community members with mental health issues
- People living alone
- Primary and high school students
- Indigenous community members
- University students conducting research
- New arrivals to Australia

The increased knowledge of the centre has meant the centre is able to connect community members with more information and services. Due to consistency of opening hours and availability, community members in a disadvantaged situation have the ability to be supported by the centre and often transition to a volunteer capacity within the centre. This empowerment and sense of value has allowed YCC to conduct garden projects, craft projects, and helping others in need. Consistency

with staff members Melinda McInturff and Fiona McLeod has strengthened community cohesion and relationship building within various stakeholders within the community.



Overview of Services

Yeronga Community Centre is accessible to the community from Monday to Thursday, 9 - 3.30. This time frame allows the centre to support the students from local primary and high schools and TAFE students. The location at No 4 Killarney Street is in the hub of people accessing Yeronga Train Station. This commuter community has been able to access information through strategic signage, posters and an information blackboard. revolving communication tool has assisted in increasing the volume of people accessing the centre to 6449. This number includes not only known community members but first time community centre users. These users have responded to the workshops facilitated by Dr. Fiona Bosly, which were for women only, free to all and held at accessible

time frames. Feedback from the participants was to continue with this format and to host similar workshops for men only. Community consultation is constant on an informal and formal basis.



Individual Support

• Community Information and Referral Service

The core business of the centre is to provide information and referral to the community. information and referral can be as diverse as where to get assistance with crisis housing to where can I donate excess craft supplies. The centre has a strong work practice to be informed and seek assistance and direction when required. increased knowledge base of both staff and other agencies has meant partnerships have increased. Case managers from various support agencies access the centre for clients with different needs. The needs maybe based on a mental health situation, a cultural situation and a circumstance situation. Being able to offer tangible support and information to community members has seen the number of people accessing the centre increase to on average 530 per month.

Social Isolation

Social isolation continues to be an area within our community that support is required. The social isolation is not age, gender or cultural specific, so the activities and opportunities for interaction need to be diverse. The weekly activities provided allow all skill levels to participate and be valued. Importantly the activities are both inside and outside the centre. Participants have the capacity

to share their skills, learn new skills or observe skills. The opportunity is available to transition from participant to facilitator.

Volunteering

The quality of service delivered by Yeronga community Centre is based on the calibre of the volunteers. They are an integral part of the centre and a vital link to the activities provided. people volunteered at Yeronga Community Centre, an average of 69 a month. Volunteers are provided with a variety of avenues to volunteer but all of which reflect the values of Community Plus. Some volunteers distribute newsletters, some tend the gardens, some are host for morning tea and some are group coordinators. Feedback is regularly sought from the volunteers and the diversity within the volunteers maximises the benefits for our community members. Community Centre is proud to state they have volunteers who have been regularly volunteering since 2011. The staff are strongly supported and encouraged by the volunteers.



Group Programs

• Seniors Program

Yeronga Community Centre Seniors Program has recognised the isolation many community members are currently in and the dislocation from their community. The programme allows the seniors to be involved in activities which include conversation, morning tea, information sessions, volunteering, and support. Local history by the senior community members is celebrated and a project of archiving

this is under consideration. Networks within the seniors that have been established have allowed them to participate in social activities external to the centre and participation in other community events external to the centre.

• Ducklings Playgroup

Ducklings Playgroup successfully transitioned from one volunteer coordinator to a new coordinator. Melinda McInturff facilitated playgroup this year and was warmly received. Melinda was supported by volunteers and the program continued to be one that value added to the community. It was accessed by a variety of community members including parents, grandparents and carers. The children thoroughly enjoyed the outside program that included craft, song, gross motor activities and sharing of morning tea. The children were able to participate in cross cultural events, local events and increase their local knowledge.



• Craft Group

The Craft Group successfully ran the Craft Stall at Yeronga State School Fete. Majority of items for sale were made by the craft group and it continues to be an activity which is growing. The volunteer coordinator has provided the opportunity for all skill levels to be able to participate. The participants share their knowledge and at any one session there can be up to six different crafts being demonstrated. The group decided they were keen to participate in some recycled and upcycled craft this year. This has allowed the group to create rag rugs, toys and items such as keyrings. The value of low cost craft means access is for all.

Community Education

• Gardening Workshops

An established history by YCC of providing garden workshops provided the platform for this to continue. The space at YCC allowed workshops to be easily facilitated and strong connections had been made with Brisbane City Council and other facilitators. The topics included chicken workshops, worm and compost workshops and children's garden workshop.



• Workshops for Women

Funding provided by the Lord Mayors Suburban Initiative meant a series of five workshops was provided by YCC. The workshops were facilitated by Dr. Fiona Bosly on community driven topics which included domestic violence, effective communication, creating boundaries, anger management and assertiveness. The workshops were accessed by over 50 community members and feedback was positive. Participants spoke of increased knowledge, skills and resources. The workshops were at no cost to the participants and were held in a safe space. YCC would like to also respond to the feedback from male community members that they would like a series of workshops also.

• First Aid Course

Yeronga Community Centre hosted an all-day First Aid Course for 12 community members. The course was open to all and community members from local schools, organisations and residents all attended. The possibility exists for this to be an annual event hosted by Yeronga Community Centre.

• Worm and Compost Workshop	
 Pushies Galore bike festival — YCC ran the BBQ and raised funds 	
YCC and Volunteering Queensland hosted a morning tea at centre	
• Milk crate gardening Workshop	
When Love Hurts workshop facilitated by Dr Fiona Bosly, funding provided by	Lord
Mayors Suburban Initiative Grant	
 YCC information stall at South's Junior Rugby Union 50th Anniversary Family D 	ay
• Worm and compost Garden Workshop	
• Lions Moorooka Family Day — YCC ran fairy floss stall & information booth	
NAB Community Grant Breakfast Program commenced (10 week duration)	
Keeping Chickens in your Backyard Workshop	
Thai thank you lunch prepared by volunteered	
• NAB Community Grant Breakfast Program continued. Volunteers include soci	ial housing
residents, seniors and Indigenous residents.	5
YCC ran the Craft Stall at Yeronga State School Fete. Items for sale were made.	le during
weekly Craft Group.	3
Effective Communication workshop facilitated by Dr Fiona Bosly	
YCC hosted 9 Korean journalists under the BRISBLETS Programme	
rember 2013 • 3 rd Annual Melbourne Cup Lunch — participants included Floodies, volunteers	s, social
housing residents, local business owners and Members of YCC supporter gro	
Ducklings Playgroup excursion to Tennyson Park	'
Final NAB Community Grant Breakfast	
Creating Boundaries workshop facilitated by Dr. Fiona Bosly	
ember 2013 • YCC Thank You breakfast to volunteers	
Christmas Bazaar held at centre	
• Final Seniors Monthly Lunch held at Yeronga Services club — 30 participants	
• Anger workshop facilitated by Dr. Fiona Bosly	
Yeronga Friendship club and Sherwood Respite Centre representatives were	hosted by
YCC.	,
• Information gathered on the services available at YCC.	
• Assertiveness workshop facilitated by Dr. Fiona Bosly	
• Federal Member participated in community morning tea	
• First Aid Course hosted by YCC and attended by community members and Co	mmunity
Plus staff and volunteers	•
• Documentary Walking The Path to Recovery was launched — 170 community	members
attended. Feedback positive. Project funded by NDRRA Grant.	
• Fairfield Family Picnic — YCC organised and ran the raffle, and popcorn/fairy f	loss stall.
Fundraising event for YCC - \$1201	
• Emotional Abuse workshop facilitated by Dr. Fiona Bosly.	
• YCC ran BBQ at Bowl-o-cross event held at Holland Park Bowls Club. Strong	partnership
between two organisations has been built.	
• Community Working Bee held at 4 Killarney Street & new premises at 24 Killa	rney Street
• YCC opened its doors in new location — 24 Killarney Street, Yeronga. YCC cor	
renting space in the church hall, Monday to Thursday.	
• Renovations and refurbishment carried out by community Plus Management Committee	
YCC Advisory Committee, YCC staff and volunteers.	,
• Lipscomb University, Tennessee students participated in a full day working be	e project

FRIENDS OF COMMUNITY PLUS +

2013-14

Community sponsors

- Cr Helen Abrahams
- Norma Morgan
- Ross Daley
- Bob and Karen Speirs
- Phil Vanderzeil
- Rory Kilpatrick
- Di Farmer
- Joe Hurley
- Clarry Evans
- Vikki Uhlmann
- Pam Dowse
- Hope Stevens
- Brenton Thomas
- Pam Bourke
- Denis and Pauline Peel
- Wendy Truer
- Kay Pearse

Donors and supporters

In addition to our major partner, Jacobs (formerly Sinclair Knight Mertz), we are thankful for the generosity of many other supporters.

These include:

- Annerley Trader's Association
- Brumby's Moorooka
- Christ Church Yeronga
- lacobs SKM
- K&L Gates Lawyers
- Le Campagne Bakery
- Leo Tsimpikas Real Estate
- Local Councillors
- Lipscombe University
- Mallan's Meats
- Rohan Chiswell Garden Restoration
- Yeronga Memorial Swimming Pool

Funding

- QLD Department of Communities
- Brisbane City Council
- Commonwealth Government



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ORGANISATIONAL STRUCTURE

Management committee - elected by the members

Annerley

West End

Yeronga

ACP+
support group

Yeronga

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