



# Community Plus+

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# INFORMATION AND REFERRAL BOOKLET



# Askizzy

THE A TO Z DIRECTORY OF HOMELESS HELP

Download the App!

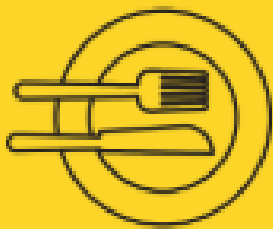


## HOUSING

A place to stay



## SUPPORT & COUNSELLING



## FOOD

Something to eat



## LIFE SKILLS & EDUCATION

Everyday skills and training



## EVERYDAY THINGS

Clothing, Swags, Food Vouchers  
etc.



## SOMETHING TO DO

Community hub, Library, etc.



## CENTRELINK

Access to services



## ADVOCACY

Complaints & Advice

This *Referral and Information* booklet allows clients and community members the ability to connect with relevant services that can assist them with varying needs.

If updates are required to the information provided please email one of the centres.

Refer to back of the booklet for all Community Plus+ centre contact information.

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## Accommodation

Service	Description	Contact
<u>Housing Options, Referrals &amp; Advice</u>		
<b>Department of Housing</b>	Bond Loans	<b>Ph:</b> 1300 650 282
	General Inquiries	<b>Ph:</b> 13 74 68
<b>Hart 4000</b> (Communify)	<b>About Services:</b> Works closely with anyone who may be homeless or at risk of becoming homeless. <b>Location:</b> Fortitude Valley (115 Green Square) <b>Hours:</b> Mon-Fri, 9:00AM-5:00PM <b>Email:</b> info@hart4000.org.au <b>Website:</b> https://communify.org.au/hart-4000/	<b>Ph:</b> (07) 3004 0100 <b>Fax:</b> (07) 3004 0110
<b>HPIQ</b> (Homeless Persons Information Queensland)	<b>About Services:</b> Housing, advice and support, where to get meals/showers/ clothing. Free service for all ages. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> admin@qyhq.org.au or PSosupport@smartservices.qld.gov.au <b>Website:</b> www.qld.gov.au/housing/emergency-temporary-accommodation/homeless-persons-information-qld	<b>Ph:</b> 1800 474 753
<b>MICAH Projects</b> (Home for Good Service)	<b>About Services:</b> For people experiencing homelessness or at risk of losing your tenancy. <b>Location:</b> West End, (162 Boundary St) <b>Hours:</b> Mon-Tues, Thur-Fri, 9:00AM-4:30PM and Wed, 9:30AM-1:00PM <b>Email:</b> info@homeforgood.org.au <b>Website:</b> http://micahprojects.org.au/	<b>Ph:</b> (07) 3029 7000 <b>Fax:</b> (07) 3029 7029
<b>RTA</b> (Residential Tenancies Authority)	<b>About Services:</b> Tenancy information and support, bond management, dispute resolution, investigation, and policy and education services. <b>Location:</b> Brisbane City, (179 Turbot Street) <b>Hours:</b> Mon-Fri, 8:30AM-5:00PM <b>Email:</b> Via website <b>Website:</b> https://www.rta.qld.gov.au/	<b>Ph:</b> 1300 366 311
<b>Brisbane Youth Services</b>	<b>About Services:</b> Assists homeless young people and young families (12-15). <b>Location:</b> Fortitude Valley, (42 McLachlan St) <b>Hours:</b> Mon-Fri, 9:00AM-5:00PM <b>Email:</b> admin@brisyouth.org <b>Website:</b> http://brisyouth.org/	<b>Ph:</b> (07) 3620 0400

## Accommodation

Service	Description	Contact
<u>Housing Options, Referrals &amp; Advice</u>		
<b>QSTARS</b> <i>(Residential Tenancies Authority)</i>	<b>About Services:</b> Free, independent advice and referral service for all Queensland renters <b>Location:</b> Yeronga and West End <b>Hours:</b> Mon-Fri, 9AM-5PM <b>Email:</b> mail@tenantsqld.org.au <b>Website:</b> www.qstars.org.au	<b>Ph:</b> 1300 744 263
<u>Indigenous Accommodation / Hostels</u>		
<b>Bowman Johnson Hostel</b>	<b>About Services:</b> Short term accommodation, case management services for homeless persons or persons at risk of being homeless. (No pay no stay) <b>Location:</b> South Brisbane, (5 Oxford St) <b>Hours:</b> Mon-Fri, 9:00AM-5:00PM <b>Email:</b> Via Website <b>Website:</b> http://murriwatch.org.au/services/supported-accommodation/	<b>Ph:</b> (07) 3844 2115 <b>Fax:</b> (07) 3844 6165
<b>Yumba Hostel</b>	<b>About Services:</b> For Families and Students. (Short Term) <b>Location:</b> West End, (55 Gray Rd) <b>Hours:</b> <b>Email:</b> Via Website <b>Website:</b> http://www.ahl.gov.au/	<b>Ph:</b> (07) 3844 3721 <b>Fax:</b> (07) 3151 8730
<b>Bahloo Women's Youth Shelter</b>	<b>About Services:</b> Specialist Homelessness Service that provides crisis/short term accommodation for single females aged 13-17 year olds. <b>Location:</b> Woolloongabba (25 Mossgrave St) <b>Hours:</b> 24/7 Service <b>Email:</b> bahloowys@bahloo.org.au	<b>Ph:</b> (07) 3391 2815 <b>Fax:</b> (07) 3391 1786

## Computer Assistance

Service	Description	Contact
<b>Yeronga Community Centre</b>	<b>About Services:</b> Assistance, laptops free Wi-Fi, photocopying/printing. <b>Location:</b> Yeronga, (26 Shottery St) <b>Hours:</b> Mon-Thur, 8:30AM-1PM <b>Email:</b> yeronga@communityplus.org.au <b>Website:</b> <a href="http://communityplus.org.au/">http://communityplus.org.au/</a>	<b>Ph:</b> (07) 3848 2285
<b>West End Community Hub</b>	<b>About Services:</b> Assistance, laptops free Wi-Fi, photocopying/printing. <b>Location:</b> West End, (4 Norfolk Road) <b>Hours:</b> Mon-Thur, 9AM-1PM <b>Email:</b> westend@communityplus.org.au <b>Website:</b> <a href="http://communityplus.org.au/">http://communityplus.org.au/</a>	<b>Ph:</b> (07) 3217 2333
<b>BeConnected</b>	<b>About Services:</b> Computer and Technology support for people of 50+ years. <b>Location:</b> Queensland. <b>Hours:</b> 24 hours, 7 days per week. <b>Website:</b> <a href="http://www.beconnected.esafety.gov.au">www.beconnected.esafety.gov.au</a>	<b>Ph:</b> N/A

## Counselling & Support Services

Service	Description	Contact
<u>Budget, Financial &amp; Debt Counselling</u>		
<b>Christians Against Poverty</b>	<b>About Services:</b> Provides FREE money management course on how to create a sustainable budget and prevent unmanageable debt. <b>Location:</b> Fairfield, (51 Cross St) <b>Hours:</b> Mon-Fri, 8:30AM-4:30PM (+Home Visits) <b>Email:</b> <a href="mailto:help@capaust.org">help@capaust.org</a> <b>Website:</b> <a href="https://www.capaust.org/">https://www.capaust.org/</a>	<b>Fairfield Office:</b> (07) 3848 5896 <b>Helpline:</b> 1300 227 000
<b>FFA</b> (Financial First Aid)	<b>About Services:</b> Immediate financial help where a counsellor can guide you through your options and if necessary, book an appointment to meet face to face. <b>Location:</b> Fortitude Valley (117 Gipps St) <b>Hours:</b> Mon-Fri, 9:30AM-4:30PM <b>Email:</b> Via Website <b>Website:</b> <a href="https://www.financialfirstaid.org.au/">https://www.financialfirstaid.org.au/</a>	<b>Ph:</b> 1800 007 007 Office Ph: (07) 3892 1629
<b>United Care Community</b>	<b>About Services:</b> Offers a full range of lifestyle supports. <b>Location:</b> Brisbane City, (192 Ann St) <b>Hours:</b> Mon-Fri, 8:30AM-2:30PM <b>Email:</b> <a href="mailto:contact@ucareqld.com.au">contact@ucareqld.com.au</a> <b>Website:</b> <a href="http://unitingcareqld.com.au/">http://unitingcareqld.com.au/</a>	<b>Ph:</b> (07) 3253 4000
To find a FREE financial counsellor in your area and for information on budgeting go to: <a href="http://www.moneysmart.gov.au">www.moneysmart.gov.au</a>		
<u>Gambling</u>		
<b>Gamblers Anonymous</b>	<b>About Services:</b> Holds regular meetings, no fee required. <b>Location:</b> Queensland <b>Hours:</b> Meetings times (See Website) <b>Email:</b> <a href="mailto:garsoqi@live.com.au">garsoqi@live.com.au</a> <b>Website:</b> <a href="http://gaaustralia.org.au/">http://gaaustralia.org.au/</a>	<b>Ph:</b> 0467 655 799
<b>Gambling Help Brisbane</b>	<b>About Services:</b> Counselling service provides free, professional face-to-face and telephone counselling. <b>Location:</b> <b>Hours:</b> <b>Email:</b>	<b>Ph:</b> 1300 364 277
<b>Gambling Help Online</b>	<b>About Services:</b> Immediate information and assistance online and over the phone, crisis support and referral to your closest Gambling Help service. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> Via Website <b>Website:</b> <a href="https://www.gamblinghelponline.org.au/">https://www.gamblinghelponline.org.au/</a>	<b>Ph:</b> 1800 858 858



## Counselling & Support Services

Service	Description	Contact
<u>General</u>		
<b>Anglicare</b>	<b>About Services:</b> Counselling and education services focused specifically on the challenges and issues faced by children and youth. <b>Location:</b> Woolloongabba, (21 Martin St) <b>Hours:</b> Mon-Fri, 8AM-5PM <b>Email:</b> Via Website <b>Website:</b> <a href="https://anglicaresq.org.au/children-and-families/counselling/">https://anglicaresq.org.au/children-and-families/counselling/</a>	<b>Ph:</b> 1300 610 610
<b>Gallang Place</b>	<b>About Services:</b> Counselling Services primarily for Aboriginal and Torres Strait Islander People. <b>Location:</b> Cannon Hill (57 South Gate Ave) <b>Hours:</b> Mon-Fri, 8:30AM-4:30PM <b>Email:</b> <a href="mailto:info@gallangplace.org.au">info@gallangplace.org.au</a>	<b>Ph:</b> (07) 3899 5041
<b>Lifeline</b>	<b>About Services:</b> Offers a full range of services e.g. drug/ alcohol, DV. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> Via Website	<b>Ph:</b> 131 114
<b>Mackwood Life</b>	<b>About Services:</b> Offers counselling for children and support for parents and carers. (Christian based organisation) <b>Location:</b> Dutton Park ( 8 Dutton St) <b>Hours:</b> <b>Email:</b> <a href="mailto:macklife@bigpond.com">macklife@bigpond.com</a>	<b>Ph:</b> (07) 3844 8715 <b>Fax:</b> (07) 3846 1329
<b>Mens Helpline</b>	<b>About Services:</b> Telephone and online counselling service for men with family and relationship concerns. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> <a href="mailto:info@sosbsa.org.au">info@sosbsa.org.au</a>	<b>Ph:</b> 1300 789 978
<b>Parentline</b>	<b>About Services:</b> telephone service providing professional counselling and support for parents and carers. <b>Location:</b> Queensland <b>Hours:</b> Ph Service: Mon-Sun, 8:00AM-10:00PM Web Service: Tue-Thur, 11:00AM-2:00PM <b>Email:</b> <a href="mailto:parentline@yourtown.com.au">parentline@yourtown.com.au</a>	<b>Ph:</b> 1300 301 300
<b>QLIFE</b> <i>(LGBTI peer support and referral)</i>	<b>About Services:</b> national counselling and referral service for LGBTI people. Provides nation-wide, early intervention, peer supported telephone and web based services to diverse people of all ages experiencing things that impact on their health and wellbeing. <b>Location:</b> Online or Phone <b>Hours:</b> 3 PM until Midnights, 7 days per week. <b>Email:</b> N / A <b>Website:</b> <a href="https://qlife.org.au/">https://qlife.org.au/</a>	<b>Ph:</b> 1800 184 527
<b>Relationships Australia</b>	<b>About Services:</b> Broad range of services e.g. counselling, mediation, and family dispute resolution. <b>Location:</b> Queensland <b>Hours:</b> Mon-Fri, 8AM-8PM Sat, 10AM-4PM <b>Email:</b> Via Website <b>Website:</b> <a href="http://www.relationships.org.au/">http://www.relationships.org.au/</a>	<b>Ph:</b> 1300 364 277

## Counselling & Support Services

Service	Description	Contact
<u>Greif &amp; Loss</u>		
<b>SANDS</b>	<b>About Services:</b> Support, information and education to anyone affected by the death of a baby before, during or shortly after birth. <b>Location:</b> 505 Bowen Trc, New Farm <b>Hours:</b> 24/7 Service <b>Email:</b> admin@sandsqld.org.au <b>Website:</b> www.sands.org.au	<b>Support</b> <b>Ph:</b> 1300 072 637 <b>General Enquiries</b> <b>Ph:</b> (07) 3254 3422
<b>SANE Australia</b>	<b>About Services:</b> Information about mental illness, treatments, where to go for support and help carers. <b>Location:</b> Online <b>Hours:</b> 24 / 7 <b>Email:</b> info@sane.org <b>Website:</b> https://www.sane.org/	<b>Ph:</b> 1800 187 263
<b>SIDS &amp; Kids</b>	<b>About Services:</b> After hour's bereavement Support Line. <b>Location:</b> Mt Gravatt (68 Creek Rd) <b>Hours:</b> <b>Email:</b> queensland@sidsandkids.org	<b>Ph:</b> (07) 38497 122 <b>Free Line:</b> 1800 628 648 <b>Fax:</b> (07) 3849 7121
<b>SOSBSA</b>	<b>About Services:</b> To support those who have lost loved ones to suicide. <b>Location:</b> Springwood	<b>Ph:</b> 1300 767 022
<b>Suicide Call Back Service</b>	<b>About Services:</b> Telephone, video and online professional counselling to people who are affected by suicide. <b>Location:</b> <b>Hours:</b> 24/7 Service <b>Email:</b> <b>Website:</b> www.suicidecallbackservice.org.au	<b>Ph:</b> 1300 659 467
<b>The Compassionate Friends, QLD Inc.</b>	<b>About Services:</b> Support for families after a child dies. <b>Location:</b> New Farm <b>Hours:</b> Mon-Fri, 9.00AM-3.00PM <b>Email:</b> info@compassionatefriendsqld.org.au <b>Website:</b> www.compassionatefriendsqld.org.au/	<b>Ph:</b> (07) 3254 2657 <b>Fax:</b> (07) 3358 2533
	Support Line	<b>Ph:</b> (07) 3254 2585

## Counselling & Support Services

Service	Description	Contact
<u>Seniors</u>		
<b>Elder Abuse Prevention Unit</b>	<b>About Services:</b> The Elder Abuse Prevention Unit (EAPU) promotes the right of older people to live free from abuse. <b>Location:</b> Chermside <b>Hours:</b> Mon-Fri, 9.00AM-5.00PM <b>Email:</b> eapu@community.org.au	<b>Ph:</b> 1300 651 192  <b>Interstate Ph:</b> (07) 3867 2525
<b>Seniors Enquiry Line</b>	<b>About Services:</b> (Information/ Referral Service) We can help you with concessions, social activities, household assistance, retirement accommodation, financial and legal matters, health, education, transport and many other issues. <b>Location:</b> Queensland <b>Hours:</b> Mon-Fri, 9.00AM-5.00PM <b>Email:</b> Via Website	<b>Ph:</b> 1300 135 500
<b>St John's Community Service and Transport</b>	<b>About Services:</b> Safe, affordable and assisted transport options to those who are transport disadvantaged, including people aged over 65 (or aged over 50 if Aboriginal or Torres Strait Islander), people with a disability, and carers. North Side Only. <b>Location:</b> Brisbane <b>Hours:</b> <b>Email:</b> <b>Website:</b> <a href="https://www.stjohnqld.com.au/Services/Social-Services/Community-Transport-Options">https://www.stjohnqld.com.au/Services/Social-Services/Community-Transport-Options</a>	<b>Ph:</b> 1300 785 646

## Counselling & Support Services

Service	Description	Contact
<u>Sexual Assault and Abuse</u> (Also review Domestic and Sexual Violence)		
<b>1800RESPECT</b> <i>(national sexual assault, domestic and family violence counselling service)</i>	<b>About Services:</b> To support people impacted by sexual assault, domestic or family violence and abuse. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> <b>Website:</b> <a href="https://www.1800respect.org.au/">https://www.1800respect.org.au/</a>	<b>Ph:</b> 1800 737 732
<b>BRISSC</b> <i>(Brisbane Rape and Incest Survivors Support Centre)</i>	<b>About Services:</b> Support/ helpline, community education and training and community events. <b>Location:</b> Woolloongabba <b>Hours:</b> Mon-Thur, 9.00AM-5.00PM After hour support : 7AM-Midnight <b>Email:</b> <a href="mailto:admin@brissc.org.au">admin@brissc.org.au</a> – or - <a href="mailto:Support@brissc.org.au">Support@brissc.org.au</a>	<b>Ph:</b> (07) 3391 0004
<b>Statewide Sexual Assault Helpline</b>	<b>About Services:</b> Sexual Assault can link you to various organisations offering a range of services relating to client groups and experiences. <b>Location:</b> Queensland <b>Hours:</b> Mon-Sun, 7.00AM-11.30PM <b>Email:</b> <b>Website:</b> <a href="https://www.health.qld.gov.au/sexualassault/html/contact">https://www.health.qld.gov.au/sexualassault/html/contact</a>	<b>Ph:</b> 1800 010 120
<b>Royal Women's Brisbane Hospital</b>	<b>About Services:</b> Offers Community Counselling Services <b>Location:</b> Herston <b>Hours:</b> Mon-Fri, 9.00AM-5.00PM <b>Email:</b> <b>Website:</b> <a href="https://metronorth.health.qld.gov.au/rbwh/">https://metronorth.health.qld.gov.au/rbwh/</a>	<b>Ph:</b> (07) 3646 8111
<b>WWILD</b>	<b>About Services:</b> Supports people with intellectual or learning disabilities who have experienced sexual abuse, or have been victims of crime. <b>Location:</b> Wooloonwin, (211 Hudson Rd) <b>Hours:</b> Mon-Fri, 8.30AM-5PM <b>Email:</b> <a href="mailto:info@wwild.org.au">info@wwild.org.au</a> <b>Website:</b> <a href="http://wwild.org.au/">http://wwild.org.au/</a>	<b>Ph:</b> (07) 3262 9877

## Disability and Mental Health Services

Service	Description	Contact
<b>Black Dog Institute</b>	<b>About Services:</b> Dedicated to understanding, preventing and treating mental illness. <b>Location:</b> Online <b>Hours:</b> 24/7 <b>Website:</b> <a href="https://www.blackdoginstitute.org.au/">https://www.blackdoginstitute.org.au/</a>	<b>Ph:</b> N/A
<b>Carers Queensland</b>	<b>About Services:</b> With one in every eight Australians caring for a family member or friend, Carers Queensland is committed to providing specialised carer, aged, and disability support services. <b>Location:</b> Queensland Wide & Online. <b>Hours:</b> 24/7 <b>Email:</b> Through the 'Contact Us' page on the website. <b>Website:</b> <a href="https://carersqld.com.au/">https://carersqld.com.au/</a>	<b>Carer Services</b> <b>Ph:</b> 1800 242 636
		<b>NDIS Services</b> <b>Ph:</b> 1300 999 636
<b>Embrace</b> (Multi-Cultural Mental Health)	<b>About Services:</b> A national platform for multicultural communities and Australian mental health services to access resources, services and information in a culturally accessible format. <b>Location:</b> Australia Wide <b>Hours:</b> 24/7 <b>Website:</b> <a href="https://www.mhima.org.au/">https://www.mhima.org.au/</a>	<b>Ph:</b> (02) 6285 3100
<b>Harmony Place</b>	<b>About Services:</b> Providing mental health and wellbeing services specifically for people and communities from diverse cultural and language backgrounds. <b>Location:</b> Yeronga (91 Wembley Rd, Logan Central) <b>Hours:</b> Mon-Fri, 8.30AM-4.30PM <b>Email:</b> <a href="mailto:admin@harmonyplace.org.au">admin@harmonyplace.org.au</a> <b>Website:</b> <a href="http://www.harmonyplace.org.au/default.asp?contentID=568">http://www.harmonyplace.org.au/default.asp?contentID=568</a>	<b>Ph:</b> 0432 494 206
<b>Head to Health</b>	<b>About Services:</b> Government online based Information Hub For Mental Health Services & Information. <b>Location:</b> Online <b>Hours:</b> 24 / 7 <b>Email:</b> N / A <b>Website:</b> <a href="https://headtohealth.gov.au/">https://headtohealth.gov.au/</a>	<b>Ph:</b> N / A
<b>Mind Spot Clinic</b>	<b>About Services:</b> An online and telephone clinic providing free assessment and treatment services for Australian adults with anxiety or depression. <b>Location:</b> Online or Phone <b>Hours:</b> 24 / 7 <b>Email:</b> N / A <b>Website:</b> <a href="https://mindspot.org.au/">https://mindspot.org.au/</a>	<b>Ph:</b> 1800 614 434
<b>Open Minds</b>	<b>About Services:</b> An innovative website that can help you find free and low-cost, trusted online and phone mental health resources. <b>Location:</b> Woolloongabba <b>Hours:</b> Mon-Fri, 8.30am-5pm <b>Email:</b> <a href="mailto:openminds@openminds.org.au">openminds@openminds.org.au</a> <b>Website:</b> <a href="http://www.openminds.org.au">www.openminds.org.au</a>	<b>Ph:</b> (07) 3896 4222 <b>General enquiries:</b> 1300 673 664 <b>Fax:</b> (07) 3896 4200

<b>Synapse</b>	<b>About Services:</b> Offer several services including accommodation and lifestyle support, advocacy, brokerage, NDIS pre-planning, information, capacity building, support service coordination, and specialised services for Indigenous Australians. <b>Location:</b> West End (1/262 Montague Rd, West End) <b>Hours:</b> Mon-Fri, 8.30AM-5.00PM <b>Email:</b> info@synapse.org.au	<b>Ph:</b> (07) 31377400 <b>Ph:</b> 1800 673 074 <b>Fax:</b> (07) 3137 7452
<b>The Public Trustee</b>	<b>About Services:</b> Offers financial administration aid for people with decision making impairment. <b>Location:</b> Queensland <b>Hours:</b> Mon-Fri, 8.15AM-5.00PM <b>Email:</b> clientenq@pt.qld.gov.au	<b>Ph:</b> 1300 360 044
<b>QDN</b> <i>(Queenslanders with Disability Network)</i>	<b>About Service:</b> Provides information and referral services as well as holds monthly peer-led local support groups in areas throughout Brisbane. <b>Location:</b> Spring Hill, (338 Turbot St) <b>Hours:</b> Mon-Fri, 9AM-5PM <b>Email:</b> qdn@qdn.org.au <b>Website:</b> http://www.qdn.org.au/	<b>Ph:</b> (07) 3252 8566 <b>Ph:</b> 1300 363 783
<b>Artius</b>	<b>About Service:</b> Offers services from physiotherapy, psychology, employee assistance programs, manual handling courses, job search support, resume development, vocational training etc. <b>Location:</b> Corner Stones, Acacia Ridge and Beaudesert <b>Hours:</b> Mon-Fri, 9AM-5PM <b>Email:</b> info@artius.com.au <b>Website:</b> https://www.artius.com.au/	<b>Ph:</b> 1300 278 487 <b>Fax:</b> (07) 5519 3425

## Domestic & Sexual Violence

Service	Description	Contact
<b>BDVS</b> <i>(Brisbane Domestic Violence Services)</i>	<b>About Services:</b> Free and confidential service for people in the Brisbane Metropolitan area who are affected by domestic and family violence. The service supports women, children, family members, same sex couples and others. <b>Location:</b> South Brisbane <b>Hours:</b> Mon-Fri, 9.00AM-4.45PM <b>Email:</b> admin.bdvs@micahprojects.org.au <b>Website:</b> www.bdvs.org.au	<b>Ph:</b> (07) 3217 2544 <b>Fax:</b> (07) 3217 2679
<b>Crisis Care</b> <i>(Department of Communities)</i>	<b>About Services:</b> Child Safety Services after hours: child abuse, juvenile justice issues & family crisis <b>Location:</b> Several Centres throughout Brisbane <b>Hours:</b> 24 Hour Service <b>Email:</b> <b>Website:</b> www.communities.qld.gov.au/childsafety/protecting-children/contacts	<b>Ph:</b> (07) 3235 9999 <b>Free Call:</b> 1800 177 135
<b>DV Connect</b> <i>(Free call from landlines and call back service)</i>	<b>About Services: Women's Line.</b> Free, professional and non-judgemental telephone support to you. Can arrange practical assistance such as counselling, intervention, transport and emergency accommodation for Queensland women and their children who are in danger. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> N / A <b>Website:</b> www.dvconnect.org/womensline/	<b>Ph:</b> 1800 811 811
	<b>About Services: Men's Line.</b> free, confidential telephone, counselling, referral and support service especially set up for men <b>Location:</b> <b>Hours:</b> Mon-Sun, 9.00AM-12.00AM <b>Email:</b> N / A <b>Website:</b> www.dvconnect.org/mensline/	<b>Ph:</b> 1800 600 636
<b>IWSS</b> <i>(Immigrant Women's Support Service)</i>	<b>About Services:</b> Free confidential, practical and emotional support to immigrant and refugee women from non-English speaking backgrounds and their children who have experienced domestic and/or sexual violence <b>Location:</b> <b>Hours:</b> Mon-Fri, 9.00AM-4.00PM <b>Email:</b> mail@iwss.org.au <b>Website:</b> www.iwss.org.au	<b>Ph:</b> (07) 3846 3490
<b>Women's Sexual Assault Crisis Line</b>	<b>About Services:</b> <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> <b>Website:</b> www.police.qld.gov.au/programs/policelink/contact.htm	<b>Ph:</b> 131 444
<b>Crisis Care</b> <i>(Department of Communities)</i>	<b>About Services:</b> confidential, telephone crisis counselling service for people who have experienced both past and recent sexual assault. <b>Location:</b> Queensland <b>Hours:</b> Mon-Sun, 7.00AM-11.30PM <b>Email:</b> SACLFeedback@thewomens.org.au	<b>Ph:</b> 1800 806 292

## Drug, Alcohol & Rehabilitation Services

Service	Description	Contact
<b>AA Brisbane</b>	<b>About Services:</b> <b>Location:</b> Annerley <b>Hours:</b> Office: Mon-Fri, 10AM-6PM AA Help Line: Mon-Sun, 10AM-10PM <b>Email:</b> admin@csobrisbane.org <b>Website:</b> aa.org.au/contact-aa/queensland/brisbane/	<b>Ph:</b> (07) 3255 9962 <b>Help Line:</b> (07) 3255 9162
<b>Alcoholic Anonymous National Helpline</b>	<b>About Services:</b> <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> www.aa.org.au	<b>Ph:</b> 1300 222 222
<b>Drug Arm</b>	<b>About Services:</b> Works to reduce the damaging effects of alcohol and other drugs on physical, mental and spiritual health. Supports Australia Aboriginal, TSI as well as LGBTI communities. <b>Location:</b> Queensland (1/493 Ipswich road) <b>Hours:</b> Mon-Fri, 9AM-5PM <b>Email:</b> Via Website <b>Website:</b> www.hoa.drugarm.com.au/	<b>QLD Ph:</b> (07) 3620 8800 <b>General Enquiries:</b> 1300 656 800
<b>Moonyah Rehab</b> (Salvation Army Brisbane Recovery Services)	<b>About Services:</b> Provides an inpatient Detoxification Service, as well as has a residential problem gambling service, aftercare and transitional housing, and employment programs. <b>Location:</b> Red Hill <b>Hours:</b> <b>Email:</b> Bris.inquiries@salvationarmy.org.au <b>Website:</b> www.salvos.org.au	<b>Ph:</b> (07) 3369 0922 <b>Fax:</b> (07) 3369 9294
<b>Narcotics Anonymous</b>	<b>About Services:</b> Recovering addicts who meet regularly to help each other stay clean <b>Location:</b> Brisbane <b>Hours:</b> <b>Website:</b> www.na.org.au/multi/	<b>Ph:</b> 1300 652 820 <b>SMS Service:</b> 0488 811 247
<b>ADIS</b> (Alcohol and Drug Information Service)	<b>About Services:</b> Free anonymous 24 hour/7 day telephone counselling, information and referral service for anyone with concerns about their own or someone else's use of alcohol or other drugs. <b>Location:</b> Herston <b>Hours:</b> 24/7 Service <b>Website:</b> metronorth.health.qld.gov.au/hospitals-services/alcohol-and-drug-service/alcohol-drug-information-service-adis	<b>Ph:</b> 1800 177 833 <b>Fax:</b> (07) 3837 5914



## Emergency Food Relief

Service	Description	Contact
<b>Food Co-op</b> <i>(Acacia Ridge Community Centre)</i>	<b>About Services:</b> The Food Co-op at the Acacia Ridge Community Centre provides affordable groceries to low income earners in our community. Must have health care card, or pensioner card & referral from job agency. <b>Location:</b> Acacia Ridge <b>Hours:</b> Mon-Fri, 9AM-2PM and until 4.30PM by appointment <b>Email:</b> info@belong.org.au <b>Website:</b> www.belong.org.au/food-co-op/	<b>Ph:</b> (07) 3277 4893
<b>Pantry Assist</b> <i>(Church of Christ Hall)</i>	<b>About Services:</b> Provides food packs to those in need. <b>Location:</b> Annerley (459 Annerley Rd) <b>Hours:</b> Tue, 10AM-12PM <b>Email:</b>	<b>Ph:</b> (07) 3892 2568
<b>Salvation Army</b>	<b>About Services:</b> Food vouchers or financial assistance: Call this number to find a Salvation Army Community Service Centre in your local area. <b>Location:</b> Brisbane <b>Hours:</b> Mon-Fri, 8.30AM-4.30PM <b>Email:</b> <b>Website:</b> salvos.org.au/brisbanecity/	<b>Ph:</b> (07) 3222 6666
<b>ADRA</b> <i>(The Adventist Development and Relief Agency)</i>	<b>About Services:</b> Proof of ID, current government card required. Only assists residents in certain areas. Can provide fresh bread, fresh fruit/vegetables and food vouchers. <b>Location:</b> Eight Mile Plains, (15 London Street) <b>Hours:</b> Mon-Tue, 9AM-12PM Wed, 12PM-3PM <b>Email:</b> <b>Website:</b> www.adra.org.au/	<b>Ph:</b> (07) 3841 0621
<b>3rd Space</b> <i>(Formerly: The 139 Club)</i>	<b>About Services:</b> A drop-in centre, offering a range of supports for individuals experiencing homelessness. Free meal and minimal fee menu options as well as showers/ laundry services, free second hand clothing, counselling, medical services & more. <b>Location:</b> Fortitude Valley, (505 Brunswick St) (505 Brunswick Street) <b>Hours:</b> Mon-Sun, 8.30AM-4PM <b>Email:</b> info@3rdspace.org.au <b>Website:</b> 3rdspace.org.au/	<b>Ph:</b> (07) 3254 1144
<b>St Vincent de Paul Society</b>	<b>About Services:</b> Provides food parcels. <b>Location:</b> Spring Hill, (365 Boundary St) <b>Hours:</b> Mon-Fri, 9AM-1PM <b>Email:</b> state.admin@svdpqld.org.au <b>Website:</b> www.vinnies.org.au/	<b>Ph:</b> 1800 846 643

## Financial Aid

Service	Description	Contact
<b>Centrelink</b>	<b>About Services:</b> Delivers social and health payments and services. <b>Location:</b> Woolloongabba, (36 Annerley Rd) <b>Hours:</b> Mon-Fri, 8:30AM-4:30PM <b>Email:</b> Via Website <b>Website:</b> <a href="http://www.humanservices.gov.au/">www.humanservices.gov.au/</a>	<b>Ph:</b> 13 24 68
<b>Mount Gravatt Community Centre</b>	<b>About Service:</b> Provides food vouchers as well as offers utility bill and rent assistance. Must bring Centrelink statements/ concession card and proof of address. For rental payments bring current lease, rent ledger or letter from landlord. <b>Location:</b> Mount Gravatt, (1693 Logan Rd) <b>Hours:</b> Mon-Fri, 9AM-1PM <b>Email:</b> <a href="mailto:serviceintake@mgcci.org.au">serviceintake@mgcci.org.au</a> <b>Website:</b> <a href="http://www.mgcci.org.au/">www.mgcci.org.au/</a>	<b>Ph:</b> (07) 3343 9833
<b>St Vincent de Paul</b>	<b>About Service:</b> Provide a range of financial support services on a one-on-one basis for people seeking assistance. As well as providing vouchers for food and goods, we provide access to special loans schemes as well as financial literacy programs for individuals and families to help them formulate realistic budgets and stick to them. <b>Location:</b> Spring Hill, (365 Boundary St) <b>Hours:</b> Mon-Fri, 9AM-1PM <b>Email:</b> <a href="mailto:state.admin@svdpqld.org.au">state.admin@svdpqld.org.au</a> <b>Website:</b> <a href="http://www.vinnies.org.au/page/Find_Help/QLD/Finances/">www.vinnies.org.au/page/Find_Help/QLD/Finances/</a>	<b>Ph:</b> (07) 3010 1096 <b>FreeCall:</b> 1800 846 643

## Health & Medical Support

Service	Description	Contact
<b>Alzheimer's Association QLD</b>	<b>About Services:</b> Information, support and assistance on issues related to Alzheimer's disease and other forms of dementia. <b>Location:</b> Upper Mt Gravatt <b>Hours:</b> 24/7 Advice Line <b>Email:</b> enquiries@alzqld.org.au <b>Website:</b> www.alzheimersonline.org/	<b>Ph:</b> 1800 639 331 <b>Office Ph:</b> (07) 423 300
<b>Arafmi</b>	<b>About Services:</b> Supports for carers of someone with mental health issues. Offers respite and family programs, information about mental health and support groups. <b>Location:</b> New Farm (76 Merthyr Rd) <b>Hours:</b> Mon-Fri, 9am-5pm <b>Email:</b> Via Website <b>Website:</b> www.arafmiqld.org/	<b>Ph:</b> (07) 3254 1881  <b>Ph:</b> 1800 351 881
<b>Asthma Foundation</b>	<b>About Services:</b> <b>Location:</b> Fortitude Valley, (42 Costin St) <b>Hours:</b> Mon-Fri, 9AM-5PM <b>Email:</b> Via Website <b>Website:</b> www.asthmaaustralia.org.au/qld/about-us	<b>Fax:</b> (07) 3257 1080 <b>Ph:</b> (07) 3252 7677
	Helpline	<b>Ph:</b> 1800 278 462
<b>Blue Care</b>	<b>About Services:</b> Supporting the elderly to remain independent at home. Support for people with a disability. Blue Care Aged Care Residences. <b>Location:</b> Brisbane (Head Office: 5/192 Ann Street) <b>Hours:</b> Mon-Fri, 8am-5pm <b>Email:</b> Via Website <b>Website:</b> www.bluecare.org.au	<b>Ph:</b> 1300 258 322
<b>NACCHO</b> <i>(National Aboriginal Community Controlled Health Organisation)</i>	<b>About Services:</b> Aboriginal Community Controlled Health Services and Aboriginal Medical Services in each state and territory. <b>Location:</b> Online <b>Hours:</b> 24 / 7 <b>Email:</b> Via Website <b>Website:</b> https://www.naccho.org.au/	<b>Ph:</b> (02) 6246 9300
<b>Queensland Blind Association Inc.</b>	<b>About Services:</b> focus is to provide financial assistance to our members towards necessities. This may include financial assistance towards a home loan and maintenance, white goods and some furniture items, water tanks, solar panels, air conditioning, electricity, rates or rent and tea/coffee vouchers. Members may also be eligible for back to school and tertiary fees assistance <b>Location:</b> Annerley (26 Warwick St) <b>Hours:</b> Mon-Fri, 9am-5pm <b>Email:</b> qba@qba.asn.au <b>Website:</b> www.qba.asn.au	<b>Ph:</b> (07) 3848 8888 <b>Free Call:</b> 1800 753 253

## Health & Medical Support

Service	Description	Contact
<b>Women's Health Queensland Wide</b>	<b>About Services:</b> Health promotion, information and education charity. Team of health professionals provide coaching, support and information to women of all ages and at all stages of their health journey. <b>Location:</b> Fortitude Valley, (337 Water St) <b>Hours:</b> Mon-Fri, 9AM-5PM <b>Email:</b> Via Website <b>Website:</b> www.womhealth.org.au	<b>Ph:</b> (07) 3216 0976 <b>Free Call:</b> 1800 017 676
<b>QLD Aids Council</b>	<b>About Services:</b> Offers and supports multiple programs to improve the health and wellbeing of LGBTI Queenslanders. <b>Location:</b> Newstead, (30 Helen St) <b>Hours:</b> Mon-Sun, 9AM-5PM <b>Email:</b> info@quac.org.au <b>Website:</b> www.quac.org.au	<b>Ph:</b> (07) 3017 1777 <b>Free Call:</b> 1800 177 434 <b>Fax:</b> (07) 3852 5200
<b>GROW</b>	<b>About Services:</b> A community driven charity specialising in mental health support services. <b>Location:</b> Holland Park (1018 Logan Rd) <b>Hours:</b> Mon-Fri, 9am-5pm <b>Email:</b> qld@grow.org.au	<b>Ph:</b> (07) 3397 7629 <b>Toll Free Line:</b> 1800 558 268
<b>Healthdirect Australia</b>	<b>About Services:</b> Advice and Information Line. (Free Service) <b>Location:</b> Australia <b>Hours:</b> 24/7 Service <b>Email:</b> <b>Website:</b> www.healthdirect.gov.au/	<b>Ph:</b> 1800 022 222
<u>Hospitals</u>		
<b>Mater Hospital</b>	<b>About Services:</b> <b>Location:</b> South Brisbane, (Raymond Terrace) <b>Hours:</b> 24/7 Service <b>Email:</b>	<b>Ph:</b> (07) 3163 8111
<b>PA Hospital</b> (Princess Alexander Hospital)	<b>About Services:</b> <b>Location:</b> Woolloongabba, (199 Ipswich Rd) <b>Hours:</b> 24/7 Service <b>Email:</b>	<b>Ph:</b> (07) 3176 2111
<b>Royal Brisbane &amp; Women's Hospital</b>	<b>About Services:</b> <b>Location:</b> Herston, (Bowen Ridge Rd + Butterfield St) <b>Hours:</b> 24/7 Service <b>Email:</b>	<b>Ph:</b> (07) 3646 8111

## Health & Medical Support

Service	Description	Contact
<u>Pregnancy / Young Parents</u>		
<b>Australian Breast Feeding Association</b>	<b>About Services:</b> <b>Location:</b> New Farm, (4/92 Merthyr Rd) <b>Hours:</b> Mon-Fri, 9AM-2PM <b>Email:</b> qldoffice@breastfeeding.asn.au <b>Website:</b> www.breastfeeding.asn.au/	<b>Ph:</b> (07) 3254 2233 <b>Helpline:</b> 1800 686 268
<b>Pregnancy, Birth &amp; Baby Helpline</b>	<b>About Services:</b> Supporting parents on the journey from pregnancy to preschool. Get guidance and reassurance about developmental and behavioural concerns from our maternal child health nurses or talk to our counsellors for emotional support. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> <b>Website:</b> www.pregnancybirthbaby.org.au/	<b>Free Call:</b> 1800 882 436
<b>Pregnancy Helpline</b>	<b>About Services:</b> group of qualified counsellors and Pregnancy Support Workers who care for you and understand the complexities of a challenging pregnancy. We can talk through information about pregnancy, abortion, parenting and adoption. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> support@pregnancyhelpline.org.au <b>Website:</b> www.pregnancyhelpline.org.au	<b>Ph:</b> (07) 32194288 <b>Helpline:</b> 1800 090 777

## Legal Services

Service	Description	Contact
<b>Crime Stoppers</b>	<b>About Services:</b> we provide a means to help solve and prevent crime through the provision of information from anonymous sources about crimes and criminals to law enforcement agencies. <b>Location:</b> Australia <b>Hours:</b> 24/7 Service <b>Email:</b> Via Website <b>Website:</b> <a href="http://www.crimestoppersqld.com.au/home.jsp">www.crimestoppersqld.com.au/home.jsp</a>	<b>Ph:</b> 1800 333 000
<b>Legal Aid Queensland</b>	<b>About Services:</b> We give legal help to financially disadvantaged people about criminal, family and civil law matters. <b>Location:</b> Brisbane, (Head Office: 44 Herschel St) <b>Hours:</b> Mon-Fri, 8:30AM-5PM <b>Email:</b> Via Website <b>Website:</b> <a href="http://www.legalaid.qld.gov.au">www.legalaid.qld.gov.au</a>	<b>Legal Information Line:</b> 1300 651 188 <b>Youth Legal Advice Hotline:</b> 1800 527 527 <b>Indigenous Information Line:</b> 1300 650 143
	General Admin Enquires	<b>Ph:</b> (07) 3238 3500
<b>Open Minds Legal Clinic</b>	<b>About Services:</b> Provides free legal advice in most areas of law but not in criminal and family law issues for people with mental health illnesses. Run by volunteer lawyers with a limited time at each appointment (30 minutes) <b>Location:</b> Woolloongabba (66 Annerley Rd) <b>Hours:</b> Mon-Fri, 8.30am-5pm <b>Email:</b> <a href="mailto:openminds@openminds.org.au">openminds@openminds.org.au</a> <b>Website:</b> <a href="http://www.openminds.org.au">www.openminds.org.au</a>	<b>Ph:</b> (07) 3896 4222
<b>QWWS</b> <i>(QLD Working Women's Service Inc.)</i>	<b>About Services:</b> A free, confidential and supportive service to help women with work –related matters <b>Location:</b> Queensland (144 Adelaide St) <b>Hours:</b> Mon, Tues, Wed, 9AM-1PM <b>Email:</b> Via Website <b>Website:</b> <a href="http://www.wws.org.au">www.wws.org.au</a>	<b>Ph:</b> 1800 621 458
<b>Telecommunications Industry Ombudsman</b>	<b>About Services:</b> provides an independent dispute resolution service for telephone and internet complaints. <b>Location:</b> Queensland <b>Hours:</b> Mon-Fri, 9AM-5:30PM <b>Email:</b> Via Website <b>Website:</b> <a href="http://www.tio.com.au/">www.tio.com.au/</a>	<b>Ph:</b> 1800 062 058

## Legal Services

Service	Description	Contact
<b>Caxton Legal Service</b>	<p><b>About Services:</b> Caxton Legal Centre holds free legal advice sessions on Monday, Tuesday and Thursday evenings for people on a low income or who face other disadvantage. Provides legal and social work advice, self-help kits &amp; Information.</p> <p><b>Location:</b> South Brisbane, (1 Manning St)</p> <p><b>Hours:</b> Mon-Fri, 9AM-4.30PM</p> <p><b>Email:</b> caxton@caxton.org.au</p> <p><b>Website:</b> www.caxton.org.auhttps://www.crimestoppersqld.com.au/home.jsp</p>	<p><b>Fax:</b> (07) 3846 7483</p> <p><b>Ph:</b> (07) 3214 6333</p>
<b>Basic Rights Queensland Inc.</b>	<p><b>About Services:</b> Basic Rights Queensland provides free, state-wide information, advice, advocacy and legal services on Social Security (Centrelink and Employment Services) and Disability Discrimination matters.</p> <p><b>Location:</b> Fortitude Valley</p> <p><b>Hours:</b> Mon-Fri, 9:30AM-4PM</p> <p><b>Email:</b> brq@brq.org.au</p> <p><b>Website:</b> welfarerightscentre.org.au/</p>	<p><b>Ph:</b> (07) 3847 5532</p> <p><b>Freecall:</b> 1800 358 511</p> <p><b>Fax:</b> (07) 3421 2500</p>
<b>Women's Legal Service</b>	<p><b>About Services:</b> Provides free legal and social work services to Queensland women. Assists women in the areas of family law, child support, domestic violence and child protection, as well as providing community legal education.</p> <p><b>Location:</b> Annerley, (8 Ponsonby St)</p> <p><b>Hours:</b> Office- Mon-Fri, 9AM-5PM Helpline- Mon-Fri, 9AM-3PM Advice Line: Tue, 9:30AM-1:30PM</p> <p><b>Email:</b> admin@wlsq.org.au</p> <p><b>Website:</b> www.wlsq.org.au</p>	<p><b>Ph:</b> (07) 3392 0644</p> <p><b>Helpline:</b> 1800 957 957</p> <p><b>Fax:</b> (07) 3392 0658</p>
<b>LGBTI Legal Service Inc.</b>	<p><b>About Services:</b> offers free and confidential legal advice to Queensland residents who identify as members of the diverse LGBTIQ+ community.</p> <p><b>Location:</b> Fortitude Valley (2/725 Ann St)</p> <p><b>Hours:</b> Mon-Fri, 9AM-5PM</p> <p><b>Email:</b> mail@lgbtilegalservice.org</p> <p><b>Website:</b> lgbtilegalservice.org.au/</p>	<p><b>Ph:</b> (07) 3124 7160</p>
<b>YAC</b> (Youth Advocacy Centre Inc)	<p><b>About Services:</b> Free legal services, youth support and family support assistance and services to young people generally 10 to 18 years.</p> <p><b>Location:</b> 4/162 Petrie Terrace</p> <p><b>Hours:</b> Mon-Fri, 9AM-5PM</p> <p><b>Email:</b> admin@yac.net.au</p> <p><b>Website:</b> www.yac.net.au</p>	<p><b>Ph:</b> (07) 3356 1002</p> <p><b>Fax:</b> (07) 3356 3002</p>

## Migrants & Refugees

Service	Description	Contact
<b>MDA</b> <i>(Multicultural Development Australia)</i>	<b>About Services:</b> We work with refugees, international students, and people seeking asylum and migrants, as well as their local communities. <b>Location:</b> Woolloongabba, (28 Dibley St) <b>Hours:</b> Mon-Tue, Thur-Fri, 9AM-5PM and Wed, 1PM-5PM <b>Email:</b> mailbox@mdabne.org.au <b>Website:</b> mdaltd.org.au/	<b>Ph:</b> (07) 3337 5400 <b>Fax:</b> (07) 3337 5444
<b>Migration Advice Service</b> <i>(St Vincent de Paul Society)</i>	<b>About Services:</b> the Society will offer this advisory service to those who can't afford the professional services of a migration agent/lawyer. Call number for appointment. <b>Location:</b> Brisbane <b>Hours:</b> Mon-Fri, 6PM-9PM <b>Email:</b> Via Website <b>Website:</b> www.vinnies.org.au/findhelp/view/194	<b>Ph:</b> 0487 347 858
<b>Migrant Women's Emergency Support Service</b>	<b>About Services:</b> Offers free confidential, practical and emotional support to immigrant and refugee women from non-English speaking backgrounds and their children who have experienced domestic and/or sexual violence. <b>Location:</b> Queensland <b>Hours:</b> Mon-Fri, 9AM-4PM <b>Email:</b> mail@iwss.org.au <b>Website:</b> www.iwss.org.au/	<b>Ph:</b> (07) 3846 3690 <b>Fax:</b> (07) 3846 5619
<b>QPASST</b> <i>(Queensland Program of Assistance to Survivors of Torture and Trauma)</i>	<b>About Services:</b> Provides flexible and culturally sensitive services to promote the health and well-being of people who have been tortured or who have suffered refugee related trauma prior to migrating to Australia. <b>Location:</b> Woolloongabba, (28 Dibley St) <b>Hours:</b> Mon-Fri, 8AM-5.30PM <b>Email:</b> admin@qpastt.org.au <b>Website:</b> qpastt.org.au/	<b>Ph:</b> (07) 3391 6677 <b>Fax:</b> (07) 3391 6388
<b>Translating &amp; Interpreting Service</b>	<b>About Services:</b> For people who do not speak English and for agencies and businesses that need to communicate with their non-English speaking clients. <b>Location:</b> Queensland <b>Hours:</b> 24/7 Service <b>Email:</b> interpreters@homeaffairs.gov.au	<b>Ph:</b> 131 450
<b>Annerley Baptist Church</b> <i>(English Classes)</i>	<b>About Services:</b> Improve your spoken English and make new friends. Free English Classes <b>Location:</b> Annerley <b>Hours:</b> Tue/Wed, 10AM-12PM, Sun, 5PM-6PM <b>Email:</b> church@annerleybaptist.org.au <b>Website:</b> www.annerleybaptist.org.au/ministries/for-adults/	<b>Ph:</b> (07) 3892 2525



## Prisoners & Families

Service	Description	Contact
<b>Catholic Prison Ministry</b>	<p><b>About Services:</b> Provides a range of services to people affected by the criminal justice system.</p> <p><b>Location:</b> South Brisbane, (20 Merivale St)</p> <p><b>Hours:</b> Mon-Tue, 1PM-11PM, Wed-Thur, 11AM-2PM / 4:45PM-6PM and Sat-Sun, 6AM-7:30PM</p> <p><b>Email:</b> cpm@cpmqld.com</p> <p><b>Website:</b> www.catholicprisonministry.org.au/</p>	<p><b>Ph:</b> (07) 3846 7577</p> <p><b>Fax:</b> (07) 3844 2703</p>
<b>Court Network</b>	<p><b>About Services:</b> Court Network provides free support and information for all individuals, families and friends going to court.</p> <p><b>Location:</b> Brisbane City, (415 George Street)</p> <p><b>Hours:</b> Mon-Fri, 9AM-5PM</p> <p><b>Email:</b> brisbane@courtnetwork.com.au</p> <p><b>Website:</b> www.courtnetwork.com.au/</p>	<p><b>Ph:</b> 1800 267 671</p>
<b>Prisoner's Legal Service Inc.</b>	<p><b>About Services:</b> Prisoners' Legal Service is a community legal centre providing free legal advice to incarcerated persons and their families on matters relating to imprisonment. The service is provided throughout the state of Queensland, Australia.</p> <p><b>Location:</b> Brisbane</p> <p><b>Hours:</b> Office / Appointment Hours—Mon-Fri, 9AM-5PM Telephone Advice Hours (For Inmates)-Tue/Wed/Thur, 9AM-1PM</p> <p><b>Email:</b> pls@plsqld.com</p> <p><b>Website:</b> www.plsqld.com</p>	<p><b>Ph:</b> (07) 3846 5074</p> <p><b>Fax:</b> (07) 3229 9222</p>
<b>Prison Transport Group Inc. (Wacol Precinct)</b>	<p><b>About Services:</b> Free Transport to Arthur Gorrie CC, Wolston Men's CC, Brisbane Women's CC, Brisbane CC.</p> <p><b>Location:</b> Wacol Rail Station</p> <p><b>Hours:</b> Thur-Sat, 8AM-3PM, Sun, 9AM-3PM</p> <p><b>Email:</b> Via Website</p> <p><b>Website:</b> www.prisontransport.com.au/</p>	<p><b>Ph:</b> 0416 876 974</p> <p><b>Ph:</b> 1800 3343 79</p>

## Transportation

Service	Description	Contact
<b>Council Cabs</b>	<p><b>About Services:</b> Shared taxis at scheduled times for residents who find it difficult to get to their local shops. Service for over 60's or with mobility impaired, or be Pensioner Concession Card/ Centrelink Seniors Card holder. Cost \$1-\$3. Book Before 12PM.</p> <p><b>Location:</b> Brisbane</p> <p><b>Hours:</b> Dependant on Suburb</p> <p><b>Email:</b> Via Website</p> <p><b>Website:</b>  <a href="http://www.brisbane.qld.gov.au/sites/default/files/Council_Cabs_service_schedule.pdf">www.brisbane.qld.gov.au/sites/default/files/Council_Cabs_service_schedule.pdf</a></p>	<p><b>Ph:</b> (07) 3403 2227</p>
<b>Taxi Subsidy Scheme</b>	<p><b>About Services:</b> The Taxi Subsidy Scheme (TSS) subsidises taxi travel—half of the total fare, up to a maximum of \$25 per trip—for people with severe disabilities.</p> <p><b>Location:</b> Brisbane</p> <p><b>Hours:</b></p> <p><b>Email:</b> Via Website</p> <p><b>Website:</b> <a href="http://www.qld.gov.au/disability/out-and-about/taxi-subsidy">www.qld.gov.au/disability/out-and-about/taxi-subsidy</a></p>	<p><b>Ph:</b> 1300 134 755</p> <p><b>Fax:</b> (07) 3236 1579</p>
<b>TransLink</b>	<p><b>About Services:</b> Queensland Rail and Bus Service</p> <p><b>Location:</b> Queensland</p> <p><b>Hours:</b></p> <p><b>Email:</b></p> <p><b>Website:</b> <a href="http://translink.com.au/">translink.com.au/</a></p>	<p><b>Ph:</b> 131 230</p>
<b>Yellow Cabs</b>	<p><b>About Services:</b> Fixed priced taxi service.</p> <p><b>Location:</b> Queensland</p> <p><b>Hours:</b></p> <p><b>Email:</b></p> <p><b>Website:</b> <a href="http://www.yellowcab.com.au/contact-us/">www.yellowcab.com.au/contact-us/</a></p>	<p><b>Bookings Ph:</b> 131 924</p> <p><b>Admin Phone:</b> (07) 3391 5955</p>
<b>Community Flyer</b> (TransitCare)	<p><b>About Services:</b> Service for eligible clients who have difficulty traveling to appointments because they no longer drive or safely use public transport but are still able to travel independently or with their carer and can travel in shared transport with others.</p> <p><b>Location:</b> Brisbane</p> <p><b>Hours:</b> Mon-Fri, 8.30AM-5.00PM</p> <p><b>Email:</b> <a href="mailto:admin@transitcare.com.au">admin@transitcare.com.au</a></p> <p><b>Website:</b> <a href="http://www.transitcare.com.au/services/transport/">www.transitcare.com.au/services/transport/</a></p>	<p><b>Ph:</b> 1300 463 593</p> <p><b>Fax:</b> (07) 3423 1490</p>

## Youth Services

Service	Description	Contact
<b>Gallang Place</b> <i>(Aboriginal and Torres Strait Islander Corporation)</i>	<b>About Services:</b> range of counselling, advocacy and support services <b>Location:</b> Cannon Hill, (57 Southgate Ave) <b>Hours:</b> Mon-Fri, 8:30AM-4:30PM <b>Email:</b> web-enquiry@gallangplace.org.au <b>Website:</b> www.gallangplace.org.au/	<b>Ph:</b> (07) 3844 2283 <b>After Hours:</b> 13 11 14 <b>Fax:</b> (07) 3899 5141
<b>Headspace</b>	<b>About Services:</b> Assist young people (12 to 25yrs) with mental health, general health, drug, alcohol, education and employment issues. Counselling and GP services are bulk-billed with a current Medicare card and valid Mental Health Treatment Plan. <b>Location:</b> Woolloongabba, (182 Logan Rd) <b>Hours:</b> Mon/Thur/Fri: 9AM-5PM, Tue: 9AM-7PM <b>Email:</b> headspace.woolloongabba@aftercare.com.au <b>Website:</b> www.headspace.org.au/	<b>Ph:</b> (07) 3249 2222 <b>Fax:</b> (07) 3038 3090
<b>Hope Centre Services</b>	<b>About Services:</b> Providing crisis care, individualised support, re-skilling, acquiring new life skills and assistance in finding employment. Christian affiliated service. <b>Location:</b> Bowen Hills, (35 Thompson St) <b>Hours:</b> <b>Email:</b> info@hopecentreservices.org <b>Website:</b> www.hopecentreservices.org	<b>Ph:</b> (07) 3253 1300
<b>Kids Helpline</b>	<b>About Services:</b> Free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25 <b>Location:</b> Australia <b>Hours:</b> 24/7 Free Service, General Enquiries: Mon-Fr, 8AM-5PM <b>Email:</b> Via Website <b>Website:</b> www.kidshelpline.com.au	<b>Free Helpline:</b> 1800 551 800 <b>General Enquiries:</b> (07) 3369 1588
<b>Open Doors Youth Service Inc.</b>	<b>About Services:</b> Providing youth homelessness and support service for young people with diverse genders, sexualities, and bodies. Supports high risk and and-risk young people in developmentally and culturally appropriate ways to provide individual, group-based, and family support to enhance connections to family, culture, and community. <b>Location:</b> Fortitude Valley, (5 Green Square Cl) <b>Hours:</b> Tues-Fri, 9AM-5PM <b>Email:</b> opendoors@opendoors.net.au <b>Website:</b> www.opendoor.net.au	<b>Ph:</b> (07) 3257 7660 <b>Fax:</b> (07) 3257 7680

**NOTES:**



# Community Plus+

## WANT TO GET INVOLVED?

If you would like to assist at one or both of the Community Plus+ centres feel free to contact us.



**WEST END COMMUNITY HOUSE**

**CONTACT - WEST END COMMUNITY HOUSE**

**PHONE:** (07) 3217 2333

**EMAIL:** [westend@communityplus.org.au](mailto:westend@communityplus.org.au)

**ADDRESS:** 4 Norfolk Road, South Brisbane, 4101.



**ANNERLEY COMMUNITY SERVICE**

**CONTACT - ANNERLEY COMMUNITY SERVICE**

**PHONE:** (07) 3255 9982

**EMAIL:** [annerley@communityplus.org.au](mailto:annerley@communityplus.org.au)



**YERONGA COMMUNITY CENTRE**

**CONTACT - YERONGA COMMUNITY CENTRE**

**PHONE:** (07) 3848 2285

**EMAIL:** [yeronga@communityplus.org.au](mailto:yeronga@communityplus.org.au)

**ADDRESS:** 26 Devon Street, Yeronga, 4104



**CONTACT - QSTARS**

**PHONE:** 1300 744 263